

TRADITIONAL FOODS, DIETS & LIFESTYLES

CREATING HEALTHY LIFESTYLES FOR THE 21ST CENTURY

2005 Conference on Food, Soil and Environmental Chemical Connections to Health Using the Wisdom of the True Health Pioneers, Past and Present

JOYCE R. YOUNG,
N.D., IBCLC
(503) 695-2495
P.O. Box 477
Corbett, OR 97019

PAM DRAKE, CNT
(360) 537-4762
207 S. Chehalis St.
Suite 204
Aberdeen, WA 98520
Fax (360)-538-6603
pamdrakecnt@
healthexperts.com

*By learning and
applying the wisdom
of our ancestors, we
can understand how
to achieve real health.
These lessons from the
early nutrition pioneers
can help us to become
healthy ancestors our-
selves, for the sake of
future generations.*

Ed Bennett
President,
Price-Pottenger
Nutrition Foundation

*This conference will
be a powerful event.
Its purpose follows the
wishes of Dr. Price,
whose dying words
were: "You teach,
you teach, you teach!"*

Sally Fallon
Author and Founder
of the Weston A. Price
Foundation

Dear Friend,

March 18, 2005

You may have heard the following questions and comments.

We hear them regularly from patients, friends and family... *"I eat good food and am doing everything right. Why don't I feel healthy?"... "It's so confusing. One day this thing is good for you, the next day it's bad."... "Who can I trust? What information can I believe?"... "Where can I get more information?"*

And from colleagues we hear... *"It's difficult to get research or information published and recognized as important."... "We plead for our messages to be heard and not forgotten."... "We're tired of having our character and credibility attacked, just because we have a different point of view."*

We could not stand by just listening. Our answer – a conference on the importance of the food, soil and environmental chemical exposure connections to human health – a place where colleagues would have a podium to speak their truth, a place for the public to hear about the wisdom of past and present "Health Pioneers," and a place for everyone to meet and get to know each other. A place where speakers would share their diverse areas of expertise and weave together our conference theme of food, soil and the environmental chemical connections to health. (See enclosed conference flyer).

We invite you to be part of our conference. In order that "the truth be spoken," we are non-profit and have no funding or grants from those who would rewrite or censor, so we ask for your support.

Our first annual conference will be held August 5-8, 2005 at the Ocean Shores Convention Center, Ocean Shores, Washington. The positive response and support for our conference from the speakers, the public and conference volunteers has been incredible. We are expecting a full registration (800 attendees) with people coming from all over the country.

The four-day conference will feature:

- Nine keynote speakers (all also speaking at concurrent sessions)
- Fifteen additional speakers for concurrent sessions
- Whole foods preparation demonstrations
- Organic whole foods meals
- General, intermediate and advanced topics
- Educational exhibits and vendors
- CEU Credits for N.D., M. D., D.C., Nurses, Nutritionists and Teachers

Our conference will "walk its talk" by offering organic whole foods meals, and a healthy environment by being fragrance-free, and by not using highlighter or dry-erase whiteboard markers (they contain toxic solvents). Hotels, like the Shilo Inn, are offering nontoxic room blocks and the convention center will not use chemical cleaners and air fresheners prior to and during our conference. Plus the location is beautiful, peaceful and nestled on the magnificent Pacific beaches.

Your generous support – large or small – of our conference would be greatly appreciated. It will help keep alive the rights of "access to information" and "opportunity to speak," plus it will give hope and knowledge to all seeking true health. The dissemination of this vital information by conference attendees – teachers, health care professionals, parents and others – will have a powerful affect on an even greater number of people.

Sincerely,

Joyce R. Young, N.D. Pamela M. Drake

Joyce R. Young, N.D., IBCLC
Pam Drake, CNT
Conference organizers

P.S. Please fill out the enclosed Supporter Form. Thank you!