



Photos courtesy of Price-Pottenger Nutrition Foundation

TRADITIONAL FOODS, DIETS & LIFESTYLES

Creating Healthy Lifestyles for the 21st Century

Conference on Food, Soil and Environmental Chemical Connections to Health Using the Wisdom of the True Health Pioneers, Past and Present

AUGUST 5 - 8, 2005 • FRI. - MON.

Ocean Shores Convention Center, Ocean Shores, Washington
A PEACEFUL BEAUTIFUL OCEAN LOCATION, JUST WEST OF OLYMPIA

FOR EVERYONE INTERESTED IN TRUE HEALTH...

Parents, Farmers, Teachers, Nutritionists, Chefs, Legislators, Students of all ages, Physicians, Dentists, Health Care Professionals, and Medical Students

ALL EVENTS FRAGRANCE-FREE
NO highlighter markers – they contain toxic solvents

CONFERENCE PRESENTERS

FOOD & NUTRITION

MARY ENIG, Ph.D.

Biochemistry of food and fat. Author: *Know Your Fats, Trans Fat: Silent Killer* (late 2005), Co-author: *Eat Fat, Lose Fat, Nourishing Traditions* (Bethesda, MD)

★ SALLY FALLON

Weston A. Price Foundation, Founder and President, Co-author: *Nourishing Traditions, Eat Fat, Lose Fat* (Washington, D.C.)

GRAY GRAHAM, CNT

Nutritional Therapy Association, Founder and Director of Education (Olympia, WA)

★ JOSEPH PIZZORNO, N.D.

Co-founder Bastyr University
Author: *Total Wellness*, Co-author: *Textbook of Naturopathic Medicine, Encyclopedia of Natural Medicine, Clinician's Handbook of Natural Medicine* (Seattle, WA)

PLANTS, ANIMALS & SOILS

★ JERRY BRUNETTI

Soil, Plant & Animal Nutrition (Martin's Creek, PA)

★ ELAINE INGHAM, Ph.D.

Soil-Food Web, Compost Tea (Corvallis, OR)

WILL WINTER, DVM

Author: *Holistic Veterinary Handbook* (Minneapolis, MN)

FOR INFORMATION CONTACT

PAM DRAKE, CNT (360) 537-4762
pamdramecnt@healthexperts.com

JOYCE R. YOUNG, N.D., IBCLC
(503) 695-2495

ENVIRONMENTAL CHEMICAL EXPOSURE

★ JULIUS ANDERSON, M.D., Ph.D.

★ ROSALIND ANDERSON, Ph.D.
Toxicity Studies of Common Household Products: Carpets, Fragrances, Fabric Softeners, Air Fresheners, Baby Diapers, Baby Mattresses and Mattress Covers, and Marking Pens. (West Hartford, VT)

★ THEO COLBORN, Ph.D.

Environmental Endocrine Hormone-Disrupting Chemicals. Author: *Our Stolen Future*, Co-Editor: *Chemically-Induced Alterations in Sexual and Functional Development: The Wildlife/Human Connection* (Paonia, CO)

CECIL SMITH

Healthy Home Building Materials and Construction Techniques (Gresham, OR)

★ SANDRA STEINGRABER, Ph.D.

Ecologist, poet, cancer survivor. Environmental links to cancer. Author: *Living Downstream: An Ecologist Looks at Cancer and the Environment, Having Faith* (New York)

WHOLE FOOD DEMOS

PAM DRAKE, CNT

Whole Foods Chef and Instructor (Aberdeen, WA)

MATT SAMUELSON

Professional Natural Whole Foods Chef and Certified Instructor (Santa Cruz, CA)

BRIGETTA ANTONSEN, CNT

Professional Chef (Seattle, WA)

JOHN KALLAS, Ph.D.

Edible Wild Plants and Other Foragables (Portland, OR)

★ **NINE KEYNOTE SPEAKERS**

HEALTHY LIFESTYLES

CASCADE ANDERSON-GELLER

Herbs, Traditional Foods & Ways (Portland, OR)

JUDY BLUE-HORSE SKELTON

Herbs, Native American Foods & Ways (Portland, OR)

★ SWEVO BROOKS

Common Sense Health Care
Author: *The Art of Good Living* (Creswell, OR)

CYNTHIA DeMEESTER, M.D., Ph.D.

Holistic Pediatrics, Pre-Conception Planning (Santa Barbara, CA)

JAMES JUNGWIRTH

Seaweed Harvester and Herbalist (Williams, OR)

LESLIE KORN, Ph.D., M.P.H.

Founding Director, Center for Traditional Medicine (Olympia, WA)

IAN LUEPKER, N.D.

Homeopathy for Children & Adults (Edmonds, WA)

RUDOLPH C. RYSER, Ph.D.

Founding Executive Director, Center for World Indigenous Studies (Olympia, WA)

REGISTER EARLY! Space is Limited.

EARLY BIRD REGISTRATION \$200.

if postmarked by May 15, 2005.

Registration after May 15, 2005 – \$275.

- Register for four days (or one day if space available)
- General, intermediate & advanced topics
- CEU Credits applied for: N.D., M.D., D.C., Nurses, Nutritionists, Teachers
- Local hotel and camping available. Accommodations fill quickly, book early!

EDUCATIONAL EXHIBITS • VENDORS

ORGANIC WHOLE FOODS MEALS

3/27/05